

# Curriculum Vitae

**Brendan Conway-Smith**

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Citizenship: Canadian

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## Education

- 2025 (expected) Ph.D. in Cognitive Science, Carleton University  
Thesis: Metacognitive Skill Learning: A Computational Account
- 2020 Master of Cognitive Science, Carleton University  
Thesis: Clarifying Metacognition Through Computational Modeling
- 2014 B.A. in Psychology, *Cum Laude*, Ottawa University  
Major Psychology, Major Political Science

## Employment

### Contract Instructor, Carleton University

- 2024/25 Fall/Winter: Thinking and Knowing - FYSM 1607
- 2024 Summer: Theories in Cognitive Science - CGSC 2001
- 2023/24 Fall/Winter: Thinking and Knowing – FYSM 1607
- 2023 Winter: Theories in Cognitive Science - CGSC 2001
- 2022 Fall: Theories in Cognitive Science - CGSC 2001
- 2021 Summer: Theories in Cognitive Science - CGSC 2001

### Teaching Assistant, Carleton University

- 2022 Methods in Cognitive Science - CGSC 2002B
- 2021 Theories in Cognitive Science - CGSC 1001B
- 2018-21 Mysteries of the Mind - CGSC 1001
- 2017 Cognitive Psychology - PSYC 2700

## Awards

- 2025 Teaching Achievement Award - Instructor (Carleton University)
- 2024 SSHRC Doctoral Fellowship  
Social Sciences and Humanities Research Council (\$40,000)
- 2023 Ontario Graduate Scholarship (OGS) (\$15,000)
- 2023 Travel Award (\$1,000)
- 2023 Lew Stelmach memorial scholarship - awarded to students who  
demonstrate excellence in the area of cognition (\$1,400.00)
- 2022 Cognitive Science Graduate Scholarship  
Awarded annually to outstanding graduates in Cognitive Science.
- 2021 Lew Stelmach memorial scholarship - awarded to students who  
demonstrate excellence in the area of cognition (\$1,400.00)
- 2020 Kevin Sampson Graduate Scholarship - awarded annually to students  
doing research in Human or Artificial Cognition.
- 2019 Hamlin graduate scholarship (nominated) - awarded annually by the Dean  
of Graduate and Postdoctoral Affairs to outstanding students.
- 2018 Award for Excellence - Teaching Assistant (Carleton University)
- 2018 The Mindtrust Leadership Development Program - leadership certificate

## Publications

- Conway-Smith, B. (2025 in press). Metacognition as a domain of skill. In  
*Proceedings of the Annual Conference of the Cognitive Science Society.*
- Conway-Smith, B., & West, R. L. (2025 in press). Metacognition in HCI:  
Designing Systems for Planning and Flexibility. In *Proceedings of the 27th HCI  
International Conference, HCII 2025.*
- Conway-Smith, B., & West, R. L. (2024). The computational mechanisms  
of detached mindfulness. In *Proceedings of ICCM 2024, 22nd International  
Conference on Cognitive Modelling.*

- Conway-Smith, B., & West, R. L. (2024). Toward autonomy: metacognitive learning for advanced AI performance. In *AAAI Spring Symposium: Human-like learning*.
- West, R., Eckler, S., Conway-Smith, B., Turcas, N., Tomkins, E., Kelly, M. (2023). Bridging generative networks with the common model of cognition. In *AAAI Fall Symposium*.
- Conway-Smith, B., & West, R. L. (2023). Metacognitive threshold: a computational account. In *Proceedings of ICCM 2023, 21st International Conference on Cognitive Modelling*.
- Conway-Smith, B., West, R. L., & Mylopoulos. (2023). Metacognitive skill: how it is acquired. In *Proceedings of the Annual Conference of the Cognitive Science Society*.
- Conway-Smith, B., & West, R. L. (2022). System-1 and System-2 realized within the Common Model of Cognition. In *AAAI Fall Symposium: Thinking Fast & Slow and Other Cognitive Theories in AI*.
- Conway-Smith, B. & West, R. (2022). Clarifying System-1 & 2 through the common model of cognition. In *Proceedings of ICCM 2022, 20th International Conference on Cognitive Modelling*.
- West, R., & Conway-Smith, B. (2019). A computational theory of feeling. In *Proceedings of ICCM 2019, 17th International Conference on Cognitive Modelling*.

## **Conferences & Presentations**

### **2025**

“Metacognition as a domain of skill.” Carleton University graduate conference. Ottawa, Canada.

### **2024**

“Toward Autonomy: Metacognitive Learning for Enhanced AI Performance.” Association for the Advancement of Artificial Intelligence (AAAI). Stanford, USA.

“The Computational Mechanisms of Detached Mindfulness.” 22nd International Conference on Cognitive Modelling (ICCM). Tilburg, Netherlands.

## **2023**

“Metacognitive threshold: a computational account.” 21st International Conference on Cognitive Modelling (ICCM). Amsterdam, Netherlands.

“Metacognitive skill: how it is acquired.” Carleton University graduate conference. Ottawa, Canada.

## **2022**

“Meta-reasoning and the influence of culture.” Meta-reasoning conference. Jerusalem, Israel.

“System-1 and System-2 realized within the Common Model of Cognition.” Association for the Advancement of Artificial Intelligence (AAAI), Fall Symposium: Thinking Fast & Slow and Other Cognitive Theories in AI. Virginia, USA.

“ACT-R workshop presentation.” (ICCM 2022) The 20th International Conference on Cognitive Modelling, Toronto, Canada.

“Clarifying System 1 & 2 through the Common Model of Cognition.” The 20th International Conference on Cognitive Modelling (ICCM), Toronto, Canada.

## **2021**

“The Proceduralization of Metacognitive Skills.” Proceedings of the Annual Meeting of the Cognitive Science Society. Virtual.

“Metacognitive Skill Acquisition.” presentation at the annual Conference at Carleton University, Ottawa, ON.

## **2020**

“A Hierarchical Model of Metacognition.” The 42th Annual Meeting of the Cognitive Science Society.

“Modeling Metacognition.” Departmental Colloquium, Carleton, ON

## **2019**

“Metacognitive Modeling; using cognitive modeling to clarify philosophical metacognitive concepts.” Annual conference CogSci. Mtl, QB

## **Technical Skills**

*Statistical Analysis & Modeling:* SPSS for statistical analysis and data interpretation.

*Cognitive Modeling:* Experienced with ACT-R for cognitive modeling.

*Programming & Development:* Skilled in Python for data analysis, and scripting.

*Graphic Design & Video Editing:* Adobe Photoshop and DaVinci Resolve.

## **Additional Professional Experience**

- 2021-25 YouTube content creator on metacognition @Meta-Think (2K+ subscribers)
- 2025 Project leader - Student Partnership Program (Carleton University)
- 2022-25 Member of AAAI the Association for the Advancement of Artificial Intelligence
- 2021-24 Submission reviewer for the International Conference on Cognitive Modeling (ICCM)
- 2023 ACT-R workshop presentation - International Conference on Cognitive Modeling (ICCM)
- 2023 Consultant on metacognition e-learning modules FUSION, Carleton University.
- 2023 TEDx “Metacognition: an important skill for modern times”
- 2022 Re-branding and marketing for AI Guides company.
- 2021 The Conversation (article) “How metacognition can improve the mental-health crisis.”
- 2018-24 Graduate Student Association - Councillor
- 2018 The Mindtrust Leadership Development Program
- 2017 Stanford "Writing in the Sciences," with distinction
- 2016 Director of Media Operations, Global Dignity Canada
- 2012 Participant, Dr. David Vago, Neuroimaging Laboratory, Harvard